

Oxford Hip Score

Clinician's name (or ref)

Patient's name (or ref)

Please answer the following 12 multiple choice questions.

During the past 4 weeks.....

1. How would you describe the pain you usually have in your hip?

- None
- Very mild
- Mild
- Moderate
- Severe

7. Have you been able to put on a pair of socks, stockings or tights?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

2. Have you been troubled by pain from your hip in bed at night?

- No nights
- Only 1 or 2 nights
- Some nights
- Most nights
- Every night

8. After a meal (sat at a table), how painful has it been for you to stand up from a chair because of your hip?

- Not at all painful
- Slightly painful
- Moderately painful
- Very painful
- Unbearable

3. Have you had any sudden, severe pain (shooting, stabbing, or spasms) from your affected hip?

- No days
- Only 1 or 2 days
- Some days
- Most days
- Every day

9. Have you had any trouble getting in and out of a car or using public transportation because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

4. Have you been limping when walking because of your hip?

- Rarely/never
- Sometimes or just at first
- Often, not just at first
- Most of the time
- All of the time

10. Have you had any trouble with washing and drying yourself (all over) because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

5. For how long have you been able to walk before

11. Could you do the household shopping on your

the pain in your hip becomes severe (with or without a walking aid)?

No pain for 30 minutes or more

16 to 30 minutes

5 to 15 minutes

Around the house only

Not at all

own?

Yes, easily

With little difficulty

With moderate difficulty

With extreme difficulty

No, impossible

6. Have you been able to climb a flight of stairs?

Yes, easily

With little difficulty

With moderate difficulty

With extreme difficulty

No, impossible

12. How much has pain from your hip interfered with your usual work, including housework?

Not at all

A little bit

Moderately

Greatly

Totally

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The Oxford Hip Score is: 60

Grading for the Oxford Hip Score

- Score 0 to 19** May indicate severe hip arthritis. It is highly likely that you may well require some form of surgical intervention, contact your family physician for a consult with an Orthopaedic Surgeon.
- Score 20 to 29** May indicate moderate to severe hip arthritis. See your family physician for an assessment and x-ray. Consider a consult with an Orthopaedic Surgeon.
- Score 30 to 39** May indicate mild to moderate hip arthritis. Consider seeing you family physician for an assessment and possible x-ray. You may benefit from non-surgical treatment, such as exercise, weight loss, and /or anti-inflammatory medication
- Score 40 to 48** May indicate satisfactory joint function. May not require any formal treatment.

Reference for Score: Dawson J, Fitzpatrick R, Carr A, Murray D. Questionnaire on the perceptions of patients about total hip replacement. J Bone Joint Surg Br. 1996 Mar;78(2):185-90. [Link](#)

Reference for Grading: [Link](#)

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