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HAS - BLEED score

The HAS-BLED is a therapeutic bleeding risk stratification score for those on oral anticoagulants in atrial fibrillation (1).

HAS-BLED score for bleeding risk on oral anticoagulation in atrial fibrillation

Feature	Score if present
Hypertension (Systolic \geq 160mmHg)	1
Abnormal renal function	1
Abnormal liver function	1
Age \geq 65 years	1
Stroke in past	1
Bleeding	1
Labile INRs	1
Taking other drugs as well	1
Alcohol intake at same time	1

- **score of 3 or more indicates increased one year bleed risk on anticoagulation sufficient to justify caution or more regular review**
 - risk is for intracranial bleed, bleed requiring hospitalization or a haemoglobin drop $>$ 2g/L or that needs transfusion.

Reference:

- 1) [Pisters R, Lane DA, Nieuwlaat R, de Vos CB, Crijns HJ, Lip GY. A novel user-friendly score \(HAS-BLED\) to assess one-year risk of major bleeding in atrial fibrillation patients: The Euro Heart Survey. Chest. 2010 Mar 18](#)

Links:

- [atrial fibrillation \(AF\)](#)
- [CHA2DS2-VASc score for stroke risk in atrial fibrillation \(AF\)](#)

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