



Community Health and Eyecare Ltd

What should I take with me?

- A list of your current medication
- If you wear glasses, please take them with you.

What happens next?

- If your condition is more serious, the optician will book you an urgent appointment at a hospital eye clinic.
- If you need a routine appointment with a hospital, the optician will make a referral for you.
- If your eye condition is related to your general health, you may be advised to make an appointment with your GP.
- If you need medication, you may be advised to contact your local pharmacist.

Locations:

- Shrewsbury
- Newport
- Wellington
- Telford & Wrekin
- Much Wenlock
- Oswestry
- Bridgnorth
- Market Drayton
- Craven Arms
- Whitchurch

For more information or to find your nearest MECS accredited optician:

Shropshire

www.shropshireccg.nhs.uk/local-services/opticians/

Telford and Wrekin

www.telfordccg.nhs.uk/your-health/minor-eye-conditions-service-mecs

In-Hours Contact:

Tel: 01743 297027 -
(Mon-Fri 9AM to 5PM)

If you are worried and need advice out of hours, contact NHS 111.



MINOR EYE CONDITIONS SERVICE (MECS)

Community Health
and Eyecare Ltd
better care for local people



**A Minor Eye Conditions Service
for Patients in Shropshire &
Telford and Wrekin.**

Shropshire Clinical Commissioning Group (CCG)
Telford & Wrekin Clinical Commissioning Group (CCG)

What is the Minor Eye Conditions Services (MECS)?

If you have had a recent eye condition this service can assess and treat you. MECS is a free service available from accredited opticians in Shropshire & Telford and Wrekin.

Recent eye conditions that can be treated by the service include:

- Red eye or eyelids
- Dry eye, gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring or sudden increase of flashes and floaters
- Painful eye
- Ingrowing eyelashes
- Recent and sudden reduced vision
- Something in your eye

How patients access the service:

You can be referred into the service by your local GP, optometrist or hospital consultant. This direct route means we can progress your care more quickly and patients can self- refer into the service

If you are unsure whether your symptoms can be assessed and treated by the service, please contact a participating optician who will advise you.

If you have an eye condition that is being monitored by your GP or the hospital, contact your GP practice or hospital department in the first instance

How do I book an appointment with the service?

To make an appointment phone an accredited optometrist or:

Contact us by phone or email on:

chec.stoptom@nhs.net

Tel: 01743 297027

(Mon-Fri 9AM to 5PM)

You will be asked some questions about your symptoms, to assess how quickly you need to be seen by the service;

Depending on your symptoms;

- you will be seen within one or two working days.
- Appointments are available during normal working hours. Some opticians offer appointments at the weekend.
- The optician may put drops in your eyes to enlarge your pupils, to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.